

Activity #1

Due: 04/01/20

Activity

Don't Touch the Lava!

Description

This activity is a great way to keep children active, even when it's cold and windy outside, as well as help them to continue learning their letters, numbers, shapes, colors, etc.!

Materials

- Placemats, sheets of paper, pillows, etc. Anything that can be used as a “steppingstone” to get through the lava
- Cards or papers with numbers, letters, shapes, colors, etc.—these can have any kind of academic skill that you want your child to work on!

Directions

1. Scatter your “steppingstones” around whatever room you would like to play in. Make sure they are far enough apart so that your child has to use their gross motor skills, but not too far that they can't reach them!
2. Decide on a “home” or “safe” spot. This could be something like a couch, chair, or wall.
3. Scatter your learning cards around the floor. Put them in between the “steppingstones” that are further away from your home space.
4. Explain to the child that you are going to pretend that the floor is lava and that they have to rescue the cards from the lava one by one.

5. Call out a number/letter/shape (whatever you placed on the cards) for your child to go get. They can only step on the steppingstones. If they successfully get the card, pick it up, and return home without touching the lava then they get to keep it and they get a point! If they touch the lava at any point, they have to return the card and try again (you can decide how strict you want to be about this rule!).
6. Continue calling out cards until your child has them all!